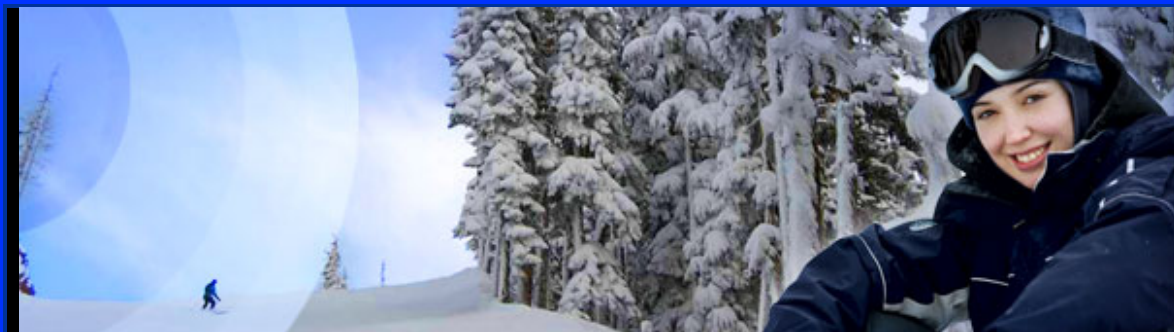


The Idaho Pediatrician

Idaho Chapter, American Academy of Pediatrics
E-Newsletter February 2010



LETTER FROM THE PRESIDENT

Please join us for the Idaho Chapter Winter Business Meeting on Thursday February 18, 2010 at 6:00 pm at the Nampa Civic Center in Nampa, Idaho. Lance E. Rodewald, MD, Director, Immunization Services Division, Centers for Disease Control & Prevention, and Tiffany Tate, with Immunize Maryland will talk about how to improve immunization rates. [Read more](#)

Top Stories

HHS Issues First National Security Strategy - The HHS has introduced the country's first health security strategy focused on managing large-scale health threats. "The National Health Security Strategy is a call to action for each of us so that every community becomes fully prepared and ready to recover quickly after an emergency," said HHS Secretary Kathleen Sebelius. The strategy includes 10 objectives for achieving health security. [Read more](#)

Obesity Rates in U.S. Seem to Slow - Government data show about 17% of children and adolescents ages 2 to 19 are obese. Researchers said obesity rates in children have slowed over the past decade, except in severely overweight boys. [Read more](#)

20% of Children/Teens Have Cholesterol Problems - A CDC study found that one in five teens and children in the U.S. has high cholesterol. Researchers say overweight and obese children and teens were more likely to have abnormal lipid levels compared with peers of normal weight. [Read more](#)

Pediatric Healthcare

Flu Vaccine Protects Against Other Viruses As Well - An FDA study showed that a vaccine adjuvant from Novartis, MF59, strengthened the body's immune response not only against the H5N1 virus but also against mutant viruses. The finding indicates that vaccines with additives

Mark Your Calendar

[Idaho AAP Winter Dinner & Business Meeting](#)
Nampa, ID
February 18, 2010

[Idaho Perinatal Project Winter Conference](#)
Nampa, ID
February 18-19, 2010

[NPPS 180th Scientific Conference](#)
Seattle, WA
March 11-14, 2010

[34th Annual District VIII Section on Perinatal Pediatrics Conference](#)
Boise, ID
June 17 - 20, 2010



have the potential to protect patients against several flu virus types, not just the virus for which they are being vaccinated. [Read more](#)

Many Peanut-Sensitive Children May Not Have Allergy - U.K. researchers said many children diagnosed with a sensitivity to peanuts may not really have a full-blown allergy. The study found only seven of 79 children deemed peanut-sensitive by standard allergy testing showed objective symptoms of a peanut allergy during a food challenge. [Read more](#)

"Cough Trick" Reduces Pain with Vaccinations - Researchers said when children cough just as the needle is poked into their arm they feel less pain, and they added that this method is less hassle and cheaper than using TV, virtual reality goggles, bubble blowing or medicine to anesthetize the skin. [Read more](#)

Policy & Legislative Issues

Idaho Public Health Legislative Update - A comprehensive look at what is happening in our state legislature. Includes legislation proposed by the Health Care Task Force. [Find out more](#)

Best Practices & Resources

Rear-Facing Car Safety Seats: Getting the Message Right - Children under the age of two are 75% less likely to die or sustain serious injury when they are in a rear-facing car seat. The AAP recommends that children remain in a rear-facing car seat until they exceed the rear-facing weight or height limits on their convertible car seat. [Find out why and how you can get the message out to parents in your practice](#)

Reach Out and Read Program - Reach Out and Read, the evidence-based early literacy initiative that helps doctors and [nurses](#) prepare young children to succeed in school, unveiled its brand-new national website. The new website boasts new literacy materials, new research data on early literacy and reading aloud, and many new ways to get involved. [Read More](#)

2007 PRATS Annual Report - The Pregnancy Risk Assessment Tracking System (PRATS) is an annual survey of new mothers in Idaho, directed by the Bureau of Vital Records and Health Statistics within the Idaho Department of Health and Welfare. The 2007 report was just released in December 2009. [Read More](#)

From the Chapter

Newborn Screen Positive Infant ACTION Project

The AAP Quality Improvement Innovation Network is recruiting pediatric practices to participate in a project that aims to improve care processes related to newborn screening, particularly focused on short-term management. The Newborn Screen Positive Infant ACTION Project will involve clinical teams using a systematic approach to improve newborn screening processes, including measurement. Applications will be accepted through Feb. 28. Visit the QIIN Web site for more information.

This activity has been accredited for *AMA PRA Category 1 credit*[™]. [Learn more about this great opportunity](#)

AAP National Committee Member Vacancies

Nominations are being sought to fill member vacancies on AAP national committees for the 2010-2011 term. The

"There are not seven wonders of the world in the eyes of a child. There are seven million."
~Walt Streightiff

deadline for receipt of all materials is March 1. Vacancies include:

- Committee on Adolescence
- Committee on Child Abuse and Neglect
- Committee on Child Health Financing
- Committee on Drugs
- Committee on Federal Government Affairs
- Committee on Fetus and Newborn
- Committee on Infectious Diseases
- Committee on Injury, Violence and Poison Prevention
- Committee on Membership
- Committee on Medical Liability and Risk Management
- Committee on Nutrition
- Committee on Native American Child Health
- Committee on Pediatric AIDS
- Committee on Pediatric Emergency Medicine
- Committee on Pediatric Research
- Committee on Pediatric Workforce
- Committee on State Government Affairs
- Steering Committee on Quality Improvement and Management
- Private Payer Advocacy Advisory Committee
- Violence Prevention Subcommittee

Detailed information and forms are available [here](#)



"Children are the living messages we send
to a time we will not see"

-John W. Whitehead, *The Stealing of America*, 1983

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