

IS YOUR FAMILY READY?



- Do you have an Emergency Plan?
- Do you have an Emergency Kit?
- Does your family know their Emergency Contacts?
- Do you have Emergency Practice Drills with your family?

BE PREPARED!!!

We can help. Talk with your Pediatrician about Disaster Preparedness for your family.
Go to these Web Sites for more Ideas and Information:

www.aap.org

www.Ready.gov/kids

www.listo.gov/ninos

www.sesameworkshop.org (go into initiatives and Emotional Well being).

www.fema.gov/kids