

## **Idaho Perinatal Quality Collaborative News**

January 2025

The Idaho Perinatal Quality Collaborative (IDPQC) works to promote evidence-based best practices in perinatal and neonatal care, reduce disparities, and improve the overall health and well-being of families. Together, we can achieve our goal of providing equitable, compassionate, and effective care to all who need it.



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**Happy New Year from the Idaho Perinatal Quality Collaborative!**



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### **Registration is Now Open for the IDPQC Annual Summit!**

**When:** Friday, May 30, 2025

**Where:** Boise State University, Boise ID

Virtual attendance also available.

Attendance is **FREE** and topics will include:

- The State of the State: Maternal Health in Idaho
- Updates on Implementing the AIM Severe Hypertension in Pregnancy Patient Safety Bundle



[Register Here](#)

- Workshop on hospital policy implementation

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### **Report: Trends in Severe Maternal Morbidity Complications by Patient Characteristics, 2016–2021**

The increasing rates of severe maternal morbidity (SMM) in the United States are shedding light on critical challenges in maternal health care. From 2016 to 2021, SMM rates rose by 40%, with notable disparities across age, race and socioeconomic status. Black non-Hispanic women continue to face the highest rates, and complications such as respiratory distress and renal failure are climbing. These trends underscore the urgent need for equitable improvements in maternal health systems.

For a detailed analysis of these findings, [explore the full HCUP Statistical Brief \*\*here\*\*](#).

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### **Education/Training: Maternal Mental Health Certificate Program**

**February - June 2025; [Register here](#) by Feb. 5, 2025.**

Together with Postpartum Support International, the Policy Center has developed a Maternal Mental Health Certificate Training for Mental Health and Clinical Professionals. This online webinar series includes eight live sessions, small group discussions, supplemental reading materials, 16 continuing education credits (where applicable), and a certificate of completion.



### **Article: IARC Marks Cervical Cancer Awareness Month 2025**

In recognition of Cervical Cancer Awareness Month, the International Agency for Research on Cancer (IARC) showcases recent breakthroughs in cervical cancer prevention and detection. From single-dose HPV vaccines offering long-term protection to AI-powered tools designed to identify precancers in low-resource settings, these

advancements are critical steps toward achieving the World Health Organization (WHO) goal of eliminating cervical cancer as a public health issue by 2100.

Learn more about these innovative efforts and their global impact [here](#).

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### **Webinar: Cannabis Use During Pregnancy — From Research to Practice**

**Wednesday, Feb. 12, 2025, 12 p.m. PT; Learn more and register for this informative session [here](#).**

Join Dr. Kelly Young-Wolff, a clinical psychologist and research scientist, as she explores prenatal cannabis use trends, health consequences, and disparities using data from Kaiser Permanente Northern California. This webinar will also address the reasons behind cannabis use during pregnancy and the potential harms of punitive policies targeting prenatal substance use.

Co-sponsored by the Northwest Addiction Technology Transfer Center (ATTC), the Pacific Southwest ATTC, and the Western States Node of the National Institute on Drug Abuse (NIDA) Clinical Trials Network.

## Informational: Enhanced TRICARE Benefits for Pregnant Members in 2025

Do you or a loved one have TRICARE? Beginning Jan. 1, 2025, TRICARE's Childbirth and Breastfeeding Support Demonstration (CBSD) introduces updated benefits to support pregnancy and postpartum needs. If you have TRICARE Prime, TRICARE Prime Remote or TRICARE Select, you can access:

- Certified labor doula support, now with up to six flexible hours of visits and one visit during birth
- Breastfeeding assistance through certified lactation consultants and counselors
- Group breastfeeding counseling and prenatal breastfeeding education at no additional cost when using TRICARE-authorized providers

The CBSD aims to make your childbirth and breastfeeding journey more supported and accessible. For more information, visit this [TRICARE update](#).

### Virtual Training from ECHO Idaho

ECHO Idaho, from the University of Idaho's innovative five-state medical education program WWAMI (Washington, Wyoming, Alaska, Montana and Idaho) offers a wide range of free, virtual training programs.

The maternal care series, running from January - April 2025, is intended for primary care providers, behavioral health providers, public health professionals, and any health care professionals involved in maternal care.

To register, visit:

<https://go.uidaho.edu/echo-series>

### Follow Us

Follow the IDPQC Activity Summary Basecamp Page to learn more about the development process of the PQC [here](#). For more information about the IDPQC, visit [idahopqc.org](http://idahopqc.org).



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